

Oncology Services — Complementary Therapies

A Leader in complementary therapies

Harrison Medical Center offers a group of services older than modern medicine but not found in all hospitals. As a leader in these complementary therapies, we train other healthcare facilities and universities. Harrison offers these services without charge to you.

- [Aromatherapy](#)
- [Creative arts therapy](#)
- [Therapeutic music](#)
- [Pet therapy](#)
- [Soft touch hand rub](#)
- [Support groups](#)
- Hypnotherapy
- [Guided imagery/music](#)
- [Healing gardens](#)
- Therapeutic yoga & exercise

Benefits for cancer patients

Over the years, many studies have proven the benefits of the complementary therapies we offer. They provide a balance of physical, emotional, and spiritual health. When you have cancer, this vital balance improves many aspects of your experience.

Research shows that most patients experience

- Reduced pain
- Reduced stress
- Fewer symptoms
- Improved coping
- Improved sleep

Everyone has individual needs and preferences — we know that it's no different for you or anyone else with cancer. You might feel more comfortable with one therapy over another. At Harrison, we welcome you to try these different services; see what works best for you. There are many choices.

Harrison's exceptional therapists

Well-educated and specially trained professionals provide our complementary therapies. We offer you the highest quality services, no matter which one you choose for cancer. Our compassionate team does rounds in the hospital to make sure patients have access to this special care. We also welcome you to ask for the service.

Harrison's complementary therapists have many certifications including:

- Certified therapeutic musician
- Certified pet therapy team
- Licensed mental health counselor
- Board certified registered art therapist
- Certified clinical aromatherapist
- Trained therapeutic yoga instructor

For more information, please talk to your primary care doctor or oncologist. You may also call Harrison Medical Center at (360) 744-3911.